

Welcome members

From MVC President, Rodney Kennison

As the year comes to a close I feel it is time to say thank you to all of you who have helped in anyway, however small or large to organise events, lead club runs and generally help to promote our club.



I feel the club is evolving into a good friendly sociable group, so thank you.

Club runs continue to be as popular as ever. Saturdays run starts 9am and Sundays ride is taken at a slightly slower pace to accommodate the novices and intermediate riders. This starts at 10am. Both rides start at Victory Cycles, Rainham.

For those of you who are not aware there is a club meeting every Wednesday at the 442 club Featherby Road, Gillingham, from 8pm until 10pm. There are bar meals available to anyone who is coming straight from work.

I wish you all a Good Festive Season and hope that you all have Happy and Safe cycling New Year.

Rodney Kennison



Turbo Sessions

Every Wednesday between 8pm and 9pm the the club will be running organised turbo training sessions at the 44Two social club. Members welcome, please bring your own turbo. Giving that many clubs charge for such sessions this is a great member benefit.

Issue 1, December 2013

Christmas Time Trial

Deal Tri are organising a Pre-Christmas 10 mile TT at Fowlmead Country Park, Deal on 21 December 2013. Starting at 9am it is a fun affair with fancy dress encouraged and a fine imposed to the 'bah-humbugs' refusing to enter into the spirit and dress up. The event is in aid of the Kent Air Ambulance and is in memory of Deal Tri member Daniel Squire who was tragically killed in a traffic collision whilst training.

Any members wishing to car-share contact Sally Smith who can help co-ordinate teams.



This member would make a fine candidate for the Christmas TT, pictured here at the breakfast ride. Prize to the person who can tell me who is Santa?

New Members

The club would like to welcome new members:

Lee Pilcher, Gordon Chambers
Shaun Robinson & Cassie McGoldrick.

Festive breakfast goes down a storm!

The temptation of a well cooked breakfast was just too good an opportunity to miss for club members who turned out in force for the annual Christmas breakfast ride which took place on 7 December.

A total of 39 riders headed towards the Gliding Club in Charing for the event that had been kindly organised by Mick Florey.

Due to the high numbers a number of groups formed meeting at various locations from Medway to Sittingbourne before seeing who could make it to the full-English first.

The Sittingbourne group which had met the Victory Cycles Group at Chestnut Street headed towards the

water tower (Hollingbourne) before descending Stede Hill and onto Sandway. The riders were held up by a lorry who had rather inconveniently decided to turn around in a narrow road before they could continue making their way to the Gliding Club via the village and Charing Hill.



The group suffered a few punctures meaning that Rob Sapp had to head home early, leaving him to donate his breakfast ride place to another member.

After a fine breakfast and coffee the group travelled back via the A251 where they threw the hammer down and sped along. Everyone was unanimous in giving a big thank you to Mick Florey for organising such an excellent Christmas breakfast ride.

<http://www.medwayvelo.org.uk>

Subs now due

With 2014 just around the corner it is time to renew your club subs if you wish to stay a member. If you renew before the end of the month you pay just £28 in January this goes up to £30.

In an effort to encourage more women and juniors to the club women's subs will now be £15 a year and for juniors membership will be free. You can renew your membership through the British Cycling website or cheque or cash to Tom Knight. If renewing through Tom please fill out the new membership form which can be downloaded from the website.

Track training

Calshot has been booked for 18 January 2014. This coached session will be £10 for members and £15 for non-members. For more information speak with Rob rob.kennison@icloud.com

Club Dinner

This will be taking place early March (date TBC). Simon Morris is once again organising this event. If you could offer some help to Simon, please get in touch.

Contact Us

It would be good to get your news and views featured in the newsletter and online. Please e-mail the publicity secretary, Sally Smith sallyrsmith@hotmail.co.uk
All news, views and pictures gratefully received.